



2260-62 N. Clark St.
Chicago, IL 60614
773-857-JUMP (5867)
www.JumpAheadAcademy.com
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Group Classes

- *Mommy & Me Pilates
- *Tumbling/Gymnastics
- *Introduction to Sports/Sports Play
- *Circuit Weight Training
- *Yoga: Pre-natal/child/adult

Individual Training

- *Weight Training
- *Pilates Instruction
- *Physical Therapy
- *Injury Prevention Assessment
- *Massage: Pre-natal/infant/child/adult

Birthday Parties

**25% off current group classes purchased
during the month of December!!**